Spice or synthetic marijuana* is branded and sold as an inexpensive & legal alternative to marijuana. It is becoming a popular drug among young people.

How is Spice Most Commonly Used:

Smoked:
- hand rolled cigarettes
- mixed with tobacco
- mixed with marijuana
- water pipes (bongs)

Consumed Orally:
- granules dissolved in herbal infusions or teas

Some Other Names for Spice:
- K2
- Kush
- Fake Weed
- Chronic
- Skunk
- Madd Hatter
- Stud
- Matix
- Incense
- Potpourri

Common Health Concerns Associated with Spice or Synthetic Marijuana Use:
- Anxiety
- Paranoia
- Agitation
- Nausea
- Hallucinations
- Increased heart rate
- Increased blood pressure
- Redness of eyes
- Dry mouth
- Nightmares
- Sleep disruption
- Vomiting
- Nightmares
- Dry mouth

Common Misconception of Spice or Synthetic Marijuana Use:
- All natural
- Safe alternative to marijuana
- No side effects
- Cannot be detected by drug tests
- Herbal remedy

*Spice or synthetic marijuana refers to a variety of dried and shredded plant materials with an assortment of psychoactive (mind altering) chemical additives which include active cannabinoid (psychoactive, mind-altering) compounds.

Spice can be purchased, inexpensively ($7.00-$20.00), at head shops, gas stations, convenience stores and the internet.