



### RI Delivers

RI Delivers is Rhode Islanders' connection to help for those living in quarantine or isolation due to COVID-19. Their goal is to ensure that for this temporary quarantine period, you have what you need to safely remain home and monitor your symptoms. By doing so, you will help slow the spread of COVID-19. **If you are under quarantine, you should not leave your home for any reason.** Find links to programs and delivery services on their website at [RIdelivers.com](http://RIdelivers.com).

If you have a question or need further guidance, call **2-1-1** or the Point at **401.462.4444**. Multilingual representatives are available.

### Shopping Angels Offer Free Grocery Delivery to Those in Need

Taken from RI Monthly at <https://www.rimonthly.com/shopping-angels/>

A local branch to a national volunteer program called Shopping Angels is available to help the elderly and at-risk population in Rhode Island safely get groceries into their homes. Kristen Perhamus, of Middletown, is the Rhode Island state coordinator, organizing efforts for more than seventy volunteers offering their services to elderly and at-risk Rhode Islanders. The process goes like this:

1. Clients are to fill out a [Google Form](#) that matches them to a volunteer in their area and then the volunteer will contact them for details, such as the shopping list. The full link is: <https://docs.google.com/forms/d/e/1FAIpQLSd5FbvXqx3GICZ1SIKOVs2LukraZr0VOyQWvbi5eRVPGSV1oA/viewform>
2. Volunteers will go to a store, or sometimes several stores, to find the requested items.
3. Upon delivery, clients exchange cash for their items. No one is expected to pay more than the amount shown on the receipt.

Perhamus asks that clients exercise social distancing procedures during deliveries which may include leaving the cash outside or paying electronically. Volunteers should not enter any homes in case of transmitting outside contaminants.

Those in need of help can also reach out by email at [shoppingangelsri@gmail.com](mailto:shoppingangelsri@gmail.com). Shopping Angels can also be followed on [Facebook](#) and [Instagram](#).

### Questions & Answers

**How will DDD handle new applications for services?** The application process has not changed. New applications are still being processed as usual. Fax applications to (401) 462-2775.

**Will people who self-direct their services be allowed flexibility in who they hire?** People who self-direct have the same flexibility as usual in who they hire, but still cannot hire parents or guardians, or anyone who lives in the same household.

**Can staff who work for people who self-direct exceed 40 hours per week?** Yes.

**Will there be additional respite funds for families?** Families can move existing funding to respite or request additional funding, if needed, through the S109 process. Get the S109 form at [https://bhddh.ri.gov/developmentaldisabilities/pdf/S109\\_7.3.18\\_Final.pdf](https://bhddh.ri.gov/developmentaldisabilities/pdf/S109_7.3.18_Final.pdf). If you need assistance, talk with your plan writer, agency, or social caseworker.

## **UPDATE: From the Social Security Administration**

### **Note for Supplemental Security Income (SSI) Recipients:**

*“We are working closely with Treasury to address outstanding questions about our SSI recipients in an attempt to make the issuance of economic impact payments as quick and efficient as possible. We realize people are concerned, and the IRS will provide additional information on their web page when available. Please note that we will not consider economic impact payments as income for SSI recipients, and the payments are excluded from resources for 12 months. We will continue to update Social Security’s Coronavirus COVID-19 web page as further details become available.”* **For more information see:** <https://blog.ssa.gov/commissioner-of-social-security-shares-update-about-covid-19-economic-impact-payments-for-beneficiaries/>

## **Office of Civil Rights letter on non-discrimination policies in medical care**

The US Office of Civil Rights issued a bulletin on 3/28/20 that provides a reminder that all civil rights laws remain in effect during the COVID-19 response. It states that hospitals cannot unlawfully discriminate against people with disabilities when making decisions about their treatment during the COVID-19 health care emergency, stating that *“persons with disabilities should not be denied medical care on the basis of stereotypes, assessments of quality of life, or judgments about a person’s relative ‘worth’ based on the presence or absence of disabilities or age. Decisions by covered entities concerning whether an individual is a candidate for treatment should be based on an individualized assessment of the patient and his or her circumstances, based on the best available objective medical evidence.”* **See the full letter at:** <https://www.hhs.gov/sites/default/files/ocr-bulletin-3-28-20.pdf>

## **COVID-19 Training & Educational Resources**

The American Network of Community Options and Resources (ANCOR) is a national, nonprofit trade association representing more than 1,600 private community providers of services to people with disabilities. The resources at the link above are designed to build the capacity of providers to support people with I/DD during the COVID-19 pandemic. Many of the resources would also be useful for people who self-direct their services. <https://www.ancor.org/covid-19/training-resources>

The National Association of Direct Support Professionals (NADSP) hosted 2 webinars on the role of DSPs in COVID-19. You can watch the Part 1 at [https://youtu.be/ud4Q4e\\_hcuw](https://youtu.be/ud4Q4e_hcuw) and Part 2 at <https://youtu.be/VfErVzMn9-A>.

## **RI Special Needs Registry**

The RI Special Needs Registry is offered through the RI Dept of Health. Enrolling in this Registry lets police, fire and other first responders in your community better prepare for and respond to your needs during emergencies. This registry is helpful for people who:

- Use life support systems such as oxygen, respirator, ventilator, dialysis, pacemaker, or who have chronic conditions and require treatment (e.g., diabetics requiring insulin);
- Have mobility needs and use a wheelchair, scooter, walker, cane, or other mobility device;
- Are visually impaired, blind, hard of hearing, or Deaf;
- Have speech, cognitive, developmental or behavioral health disabilities; or
- Use assistive animals or a prosthesis.

The information submitted to the Rhode Island Special Needs Emergency Registry is shared with local and state first responders and emergency management officials, held confidentially and only accessed to assist in your safety and well-being. The Department of Health and Rhode Island Emergency Management Agency have worked with E-911 to notify first responders when they are responding to a household that may have someone enrolled in the Registry.

This is a potential source of support for people in various types of emergencies. During COVID, local towns are calling people in their communities who have enrolled, to be sure they have the supplies they need. **For more information call (401) 222-5960 or Enroll through this link:**

<https://health.ri.gov/emergency/about/specialneedsregistry/index.php>

A [paper form](#) ([Spanish](#) | [Portuguese](#)) is also available and is attached to this bulletin.

## **Services for Youth in Transition**

We at the Division of Developmental Disabilities (DDD) remain committed to providing information about adult services to transitioning youth. DDD and RI Parent Information Network (RIPIN) continue to participate in Individualized Education Plan through phone conference meetings for transitioning youth age 14-22 with an Intellectual Disability or Developmental Disability who are expected to need adult service upon exit from school funded services.

## **Rhode Island Parent Information Network (RIPIN) COVID Resources**

RIPIN's mission is to help individuals, parents, families, and children achieve their goals for health, education, and socio-economic well-being by providing information, training, education, support, and advocacy for person/family-centered care and system change. RIPIN offers a number of COVID resources including :

- [COVID-19 and People with IDD: Impact, Prevention, and Action](#) – Recorded wear presented by Health Risk Screening, Inc.
- Information on health insurance and COVID, including a recorded webinar from RIPIN about [COVID-19 Health Insurance Changes](#)

For more information, visit their website at [www.ripin.org](http://www.ripin.org), call the [RIPIN Call Center](#) at (401) 270-0101 or email [callcenter@ripin.org](mailto:callcenter@ripin.org)

## If you are experiencing a mental health crisis, BH Link is here for you

BH Link's mission is to ensure all Rhode Islanders experiencing mental health and substance use crises receive the appropriate services they need as quickly as possible in an environment that supports their recovery. Call 911 if there is risk of immediate danger. BH Link website at [www.bhlink.org](http://www.bhlink.org) or for confidential support and to get connected to care: CALL (401) 414-LINK (5465) If under 18 CALL: (855) KID(543)-LINK(5465) Visit the 24-HOUR/7-DAY TRIAGE CENTER at 975 Waterman Avenue, East Providence, RI

## Stay Informed with Information on COVID-19

### Rhode Island Department of Health COVID-19 Resources

Hotline (401) 222-8022 or 211 after hours;  
Email [RIDOH.COVID19Questions@health.ri.gov](mailto:RIDOH.COVID19Questions@health.ri.gov)  
Website <https://health.ri.gov/covid/>

### Center for Disease Control COVID-19 Information

Website [cdc.gov/coronavirus](https://cdc.gov/coronavirus)  
ASL Videos <https://www.youtube.com/playlist?list=PLvrp9iOILTQatwnqm61jqFrfsUB4RKh6J>

### BHDDH Information on COVID-19's Impact on DD Services and the DD Community

Website [bhddh.ri.gov/COVID](http://bhddh.ri.gov/COVID)  
Look for updated information on the BHDDH website

### RI Parent Information Network

Website: <https://ripin.org/covid-19-resources/>  
RIPIN Call Center: call (401) 270-0101 or email [callcenter@ripin.org](mailto:callcenter@ripin.org)

## Contacting the Division

The department is working on a reduced workforce and therefore calls should not be placed directly to your social caseworker. DDD has put 24-hour phone coverage in place with a central business hour phone number and an on-call number for nights and weekends.

During business hours (Monday-Friday 8:30-4:00), for questions or support

Please Call  
**(401) 462-3421**

For emerging or imminent care related questions, Mon - Fri 4pm-10pm and weekends 8:30am-10pm

**(401) 265-7461**

For medical or healthcare related emergencies

Your Primary Care Physician or 911

You may also send general questions to the AskDD email address. Please do not email critical issues.

[BHDDH.AskDD@bhddh.ri.gov](mailto:BHDDH.AskDD@bhddh.ri.gov)

To report a suspected or confirmed COVID-19 case, call the QA Hotline

**(401) 462-2629**

If you have a vital need, please call the numbers above. If you have any general questions or concerns, please email them if you can, in order to try to leave the phone lines free for those who need to call. We will do our best to address your questions directly or through future newsletters.

## Sign Up for Our Email List

If you aren't receiving email updates and newsletters from the Division, you can sign up on our website. From the main BHDDH page at [bhddh.ri.gov](http://bhddh.ri.gov), select **What's New**, then go to bottom and click on **DD Community Newsletter**. The link to sign up for the BHDDH Newsletter is directly below the title, as shown in the picture at right.



DD Community Newsletter  
SIGN UP FOR THE BHDDH NEWSLETTER



# Safeguard Against Disability Discrimination During COVID-19

Including individuals with disabilities in the COVID-19 response to ensure equitable care



## THINK EQUITABLE CARE - TAKE ACTION!

- **Inform key medical personnel** immediately that individuals with disabilities have equal rights to COVID-19 testing and treatment.
- **Make equitable decisions** to ensure that allocation of COVID-19 resources, supplies, and care are not based on inaccurate assumptions about life with a disability.
- **Provide accommodations** to make sure all individuals can access COVID-19 testing and treatment. This requirement includes accommodations for behavioral, intellectual, or physical disabilities that may impact someone's ability to comply during testing and treatment.



## KNOW THE BEST PRACTICES - TAKE ACTION!

- **When communicating with individuals with disabilities:**
  - Talk directly to them.
  - Ask permission before speaking with their caregivers, if possible.
  - Ask the caregiver for assistance if you need help communicating with a patient.
  - Use plain language to tell individuals and caregivers about COVID-19 test results and anticipated procedures.
  - Keep in mind that you may have difficulty understanding the patient, however, in most cases they understand you.
- **Make these accommodations:**
  - Allow a caregiver to go with a patient to ensure adequate support for decision-making and treatment.
  - Provide ramps and rooms with enough access for a wheelchair.
  - Provide qualified interpreter services for the deaf or hard of hearing.
  - Use prompts, such as picture cues, for those with limited use of verbal communication.
  - Provide the time needed for individuals to speak, respond, and understand.

**THINK EQUITABLE!**

This information is based on guidance from the Department of Health and Human Services Office for Civil Rights.  
For more information, visit [HHS.gov/ocr](https://www.hhs.gov/ocr) and [bit.ly/2WXEscv](https://bit.ly/2WXEscv)



# Rhode Island Special Needs Emergency Registry

For Rhode Islanders with disabilities, chronic conditions, and special healthcare needs

The Rhode Island Department of Health (RIDOH) and the Rhode Island Emergency Management Agency (RIEMA) maintain a registry for Rhode Island residents with disabilities, chronic conditions, and/or special healthcare needs who live at home or in group homes. Residents of assisted living residences and nursing homes already have staff to assist first responders. By participating in the Registry, you permit RIDOH and RIEMA to share your information with local and state emergency responders, such as your town/city police and/or fire department. The information that you provide may help responders meet your needs during an emergency, though assistance cannot be guaranteed.

**Instructions:** To be included in the Registry, please fill out this form, sign it, and send it to:

RIDOH - RISNER, 3 Capitol Hill, Providence, RI 02908 OR register online at [www.health.ri.gov/emregistry](http://www.health.ri.gov/emregistry)

If you have questions, please call (401) 222-5960 or RI Relay 711 (TTY). If you cannot fill out this form on your own, please have a family member, caregiver, or other representative complete the form and submit it on your behalf.

**GENERAL INFORMATION** Fields marked with an asterisk (\*) are mandatory. Please print clearly.

Name\*: \_\_\_\_\_  
First Name Middle Name Last Name

Gender\*:  M  F Date of birth\*: \_\_\_\_\_  
(MM/DD/YYYY)

**PHYSICAL STREET ADDRESS**

Street address\*: \_\_\_\_\_ Apartment unit/floor: \_\_\_\_\_  
City/town\*: \_\_\_\_\_ ZIP code: \_\_\_\_\_

**MAILING ADDRESS AS RECOGNIZED BY THE US POSTAL SERVICE** (if different from physical street address)

Street address: \_\_\_\_\_ Apartment/unit: \_\_\_\_\_  
City/town: \_\_\_\_\_ State: \_\_\_\_\_ ZIP code: \_\_\_\_\_

**CONTACT INFORMATION** (\* A phone number is required)

Home phone: ( ) - \_\_\_\_\_ Text only number: ( ) - \_\_\_\_\_  
Cell phone: ( ) - \_\_\_\_\_ Videophone number: ( ) - \_\_\_\_\_  
Email: \_\_\_\_\_ TTY: ( ) - \_\_\_\_\_

**EMERGENCY CONTACT**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Phone: ( ) - \_\_\_\_\_ Email: \_\_\_\_\_

**LIVING SITUATION**

I live in Rhode Island (check all that apply to you):  
 Seasonally from: \_\_\_\_\_(month) to: \_\_\_\_\_(month)  
 Year-round  
 Split my time between multiple Rhode Island addresses

I live in (select one type of housing):

Single family house  
 Apartment \_\_\_\_\_ floor  
 Condo/duplex/townhouse  
 Mobile home  
 Other: \_\_\_\_\_

I live (check all that apply to you):

Alone  
 With family/friends  
 With caregiver  
 In a group home operated by \_\_\_\_\_  
 In an independent senior living facility  
 With other people who are disabled  
 Other: \_\_\_\_\_

**LANGUAGE**

I prefer to communicate in (select one):  
 English  
 American Sign Language  
 Spanish  
 Portuguese  
 French  
 Other: \_\_\_\_\_

**ETHNICITY**

Do you consider yourself Hispanic or Latino?  Yes  No

**RACE** Select one:

White  
 African American/Black  
 Asian  
 Native Hawaiian/Pacific Islander  
 American Indian/Alaskan Native  
 Other: \_\_\_\_\_

**LIFE SUPPORT SYSTEMS** Check all that apply to you:

- Oxygen tanks
  - I have spare tanks
- Oxygen concentrator
  - I have battery or generator back up for this
- Respirator/ventilator
  - I have battery or generator back up for this
- Tracheostomy
- IV line
- Urinary catheters
- Colostomy/ileostomy
- Feeding tube
- Suction
  - I have battery or generator back up for this
- Dialysis at a clinic
- Dialysis at home
  - I have battery or generator back up for this
- Pacemaker
- Defibrillator
- Other electrical needs: \_\_\_\_\_
- None of the above

**SENSORY** Check all that apply to you:

- Hard of hearing
- Use of hearing aid(s)
- Deaf
- Use of cochlear implant(s)
- Visually impaired
- Legally blind
- None of the above

**COGNITIVE/PSYCHIATRIC/ NEUROLOGICAL/ MUSCULAR** Check all that apply to you:

- Seizure disorder
- Speech impaired
- Non-verbal
- Cognitively/developmentally delayed
- Autism spectrum disorder
- Alzheimer's/dementia
- Parkinson's
- Cerebral palsy
- Multiple sclerosis
- Depression
- Anxiety
- Bipolar disorder
- Schizophrenia
- Post-traumatic stress disorder (PTSD)
- Obsessive compulsive disorder (OCD)
- Other: \_\_\_\_\_
- None of the above

**MOBILITY** Check all that apply to you:

- Use a wheelchair/mobility vehicle
  - Wheelchair/mobility vehicle is power dependent
    - I have battery or generator back up for this
- Use a walker/cane
- Use crutches
- Use prosthesis (specify prosthesis): \_\_\_\_\_
- Confined to a bed
  - Bed is power dependent
    - I have battery or generator back up for this
- Other: \_\_\_\_\_
- None of the above

**TRANSPORTATION** Check all that apply to you:

When I leave my home, I most frequently use a(n):

- Personal vehicle
- Taxi/car service
- Public bus
- RIDE
- Wheelchair van/bus
- Ambulance
- Bicycle
- Other: \_\_\_\_\_

If I needed to evacuate, I would be accompanied by:

- No one
- Caregiver
- Family/friend
- Other: \_\_\_\_\_

**ASSISTANCE REQUIRED** Check all that apply to you:

On a normal day, I require assistance with:

- Feeding myself
- Taking medication(s)
- Communicating to others
  - Assistive technology - I use: \_\_\_\_\_
- Transportation
- Using the toilet
- Dressing/undressing
- Bathing/grooming
- Transferring from/to:
 

<input type="checkbox"/> Bed	<input type="checkbox"/> Wheelchair
<input type="checkbox"/> Toilet	<input type="checkbox"/> Shower/tub

Other assistance:

- I use a service animal
- I require supervision
- I receive medical treatment(s) from a nurse/doctor at home.
- I receive medical treatment(s) at a healthcare facility at least once a week.
- Other: \_\_\_\_\_
- None of the above

**OTHER DISABILITIES/CONDITIONS**

- Diabetes
  - I use insulin
- I weigh between 300 and 549 lbs
- I weigh between 550 and 799 lbs
- I weigh 800 lbs or greater

Please list other disabilities or relevant conditions:

---



---



---



---

**NOTE:** By signing this form, I agree to permit my information to be shared with local and state emergency responders. I understand that this is a voluntary program and while RIDOH/RIEMA will share this information in order to better assist me during an emergency, they cannot guarantee assistance in all cases.

Signature: \_\_\_\_\_

Print name: \_\_\_\_\_

Date: \_\_\_\_\_

If you are completing this form on someone's behalf, please indicate your name and relationship to that individual:

---

The Rhode Island Office of Healthy Aging (OHA) is working closely with the Rhode Island Department of Health and Rhode Island Emergency Management Agency to coordinate the state's response to coronavirus disease 2019 (COVID-19). Older Rhode Islanders and individuals with underlying conditions are at higher risk of severe COVID-19 illness. Governor Raimondo and the Rhode Island Department of Health are encouraging our higher-risk populations to practice social distancing during this time and use technology, whenever possible, to remain in touch with family and friends.

CITY/TOWN	LOCAL CENTER/CONTACT	PHONE NUMBER
<a href="#">Barrington</a>	Barrington Senior Center	401-247-1926
<a href="#">Bristol</a>	Town of Bristol	401-253-2310
<a href="#">Burrillville</a>	Burrillville Senior Services	401-710-7429
<a href="#">Central Falls</a>	Central Falls Mayor's Office	401-727-7400 ext. 5
<a href="#">Charlestown</a>	Charlestown Sr. Community Center	401-364-6998
<a href="#">Coventry</a>	Coventry Resource and Senior Center	401-822-9175
<a href="#">Cranston</a>	Cranston Senior Services	401-780-6000
<a href="#">Cumberland</a>	Cumberland senior center	401-334-2555
<a href="#">East Greenwich</a>	East Greenwich Senior Center	401-886-8669
<a href="#">East Providence</a>	East Providence Senior Center	401-435-7800
<a href="#">Exeter</a>	Exeter Social Services	401-294-3176
<a href="#">Foster</a>	Foster Human Services	401-392-9208
<a href="#">Glocester</a>	Glocester Senior Services	401-567-4557
<a href="#">Hopkinton</a>	Crandall House	401-377-7795
<a href="#">Jamestown</a>	Jamestown Senior Services	401-423-9804
<a href="#">Johnston</a>	Johnston Senior Center	401-944-3343
<a href="#">Lincoln</a>	Lincoln Senior Center	401-753-7000
<a href="#">Little Compton</a>	Little Compton Town Hall	401-635-4400
<a href="#">Middletown</a>	Middletown Senior Center	401-849-8823
<a href="#">Narragansett</a>	Narragansett Senior Association	401-782-0675
<a href="#">New Shoreham</a>	New Shoreham Senior Services	401-468-9278
<a href="#">Newport</a>	Edward King House	401-846-7426
<a href="#">North Kingstown</a>	Beechwood/North Kingstown	401-268-1593
<a href="#">North Providence</a>	North Providence Mancini Center	401-231-0742
<a href="#">North Smithfield</a>	North Smithfield	401-766-3734
<a href="#">Pawtucket</a>	Leon Mathieu Senior Center	401-312-0266
<a href="#">Portsmouth</a>	Town of Portsmouth	401-643-0499
<a href="#">Providence</a>	Providence Mayor's Office	311
<a href="#">Richmond</a>	Richmond Senior & Community Center	401-491-9404
<a href="#">Scituate</a>	Scituate Senior Center	401-647-2662
<a href="#">Smithfield</a>	Smithfield Senior Center	401-949-4590
<a href="#">South Kingstown</a>	South Kingstown Senior	401-789-0268
<a href="#">Tiverton</a>	Tiverton Senior Center	401-625-6790
<a href="#">Warren</a>	Warren Senior Center	401-247-1930
<a href="#">Warwick</a>	Pilgrim Senior Center	401-468-4070
<a href="#">West Greenwich</a>	West Greenwich Town Hall	401-392-3800
<a href="#">West Warwick</a>	West Warwick Senior Center	401-822-4450
<a href="#">Westerly</a>	Westerly Senior Center	401-596-2404
<a href="#">Woonsocket</a>	Woonsocket City Hall	401-762-6400

If you are part of this higher-risk population, or caring for someone who is, please contact our healthy aging helpdesk, Point, at 401.462.4444 with questions or to learn about resources available to you. Ensuring our elders and those in need have access to food and other critical resources at this time is a special concern; OHA is working closely with communities and many partners to help. Below is a current contact list of senior centers and other local agencies available to assist older adults around the state (click the city name to access its website):

**Tips during this time:**

- ✓ Stay home whenever possible
- ✓ Limit in-person interaction with other people
- ✓ Wash your hands often
- ✓ Call the doctor if you are feeling sick
- ✓ Call the Point if you need help with food or other resources

For COVID-19 information and the latest guidance, call 401.222.8022 or visit [www.health.ri.gov/covid](http://www.health.ri.gov/covid).

Access this information online at: [www.oha.ri.gov/resources](http://www.oha.ri.gov/resources)

## Community Action Agencies:

Blackstone Valley Community Action Program | 401-723-4520 | [www.bvcap.org](http://www.bvcap.org)

Area: Pawtucket, Central Falls, Lincoln, Cumberland, Woonsocket

Community Action Partnership of Providence | 401-273-2000 | [www.cappri.org](http://www.cappri.org) | Area: Providence

Community Care Alliance | 401-235-7000 | [www.CommunityCareRI.org](http://www.CommunityCareRI.org) | Area: Woonsocket

Comprehensive Community Action | 401-467-9610 | [www.comcap.org](http://www.comcap.org) | Area: Cranston, Foster, Scituate, Coventry

Eastbay Community Action - Lower Bay | 401- 847-7821 | [www.ebcap.org](http://www.ebcap.org)

Area: Newport, Portsmouth, Tiverton, Middletown, Jamestown, Little Compton

Eastbay Community Action - Upper Bay | 401-437-1000 | [www.ebcap.org](http://www.ebcap.org) | Area: East Providence, Warren, Bristol, Barrington

Tri-County Community Action Agency - Northern | 401-351-2750 | [www.tricountyri.org](http://www.tricountyri.org)

Area: North Providence, Johnston, North Smithfield, Smithfield, Burrillville, Glocester

Tri-County Community Action Agency - Southern | 401-789-3016 | [www.tricountyri.org](http://www.tricountyri.org)

Area: Exeter, Charlestown, Narragansett, Westerly, Hopkinton, North/South Kingstown, Richmond, West Greenwich, New Shoreham

Westbay Community Action Partnership | 401-732-4660 | [www.westbaycap.org](http://www.westbaycap.org) | Area: Warwick, West Warwick, East Greenwich

## Food & Supplies Resources:

**Boxed Lunch Programs** (limited quantities available)

OHA is continuing its lunch program across senior centers and community agencies during this time. For more information about participating locations and hours, call the Point at 401.462.4444 or visit [www.oha.ri.gov](http://www.oha.ri.gov).

**Home-Delivered Meals** (for elders with high need)

Meals on Wheels is continuing to serve its current clients across the state and is working with OHA and local communities to increase services during this time. If you are age 60 or older, homebound and need assistance making meals, call Meals on Wheels at 401.351.6700.

**Emergency Meals/Supplies** (open to all people in need)

Visit [www.rifoodbank.org](http://www.rifoodbank.org) for a complete list of food pantries across Rhode Island.

**Early Morning Grocery Market Hours** (limited to high-risk populations)

The following grocery markets are offering special shopping hours and/or programs to assist older Rhode Islanders and those with chronic medical conditions in accessing needed supplies during this time. Contact individual markets for more information about these programs and/or visit [www.oha.ri.gov/markethours](http://www.oha.ri.gov/markethours) for the latest list of participating markets:

Brigido's Fresh Markets	7:00a – 10:00a	Richmond Farms Fresh Market	7:30a – 8:00a
Clements Market	7:00a – 8:00a	Roch's Fresh Foods	Free delivery
Dave's Marketplace	7:00a – 8:00a	Save-A-Lot	8:00a – 9:00a
Dave's Marketplace (small locations)	8:00a – 9:00a	Shaw's	7:00a – 9:00a (T/Th)
Dollar General	6:00a – 7:30a	Stop & Shop	6:00a – 7:30a
Jerry's Market	7:00a – 8:00a	Target	7:00a – 8:00a (W)
Ma & Pa's in Hope Valley	Curbside pickup	Whole Foods	8:00a – 9:00a

## Local Restaurants

Restaurants throughout the state are offering take-out and/or delivery options. Visit [www.eatdrinkri.com](http://www.eatdrinkri.com) for a complete list of restaurants statewide with online or take-out ordering or call your favorite local restaurant for information about available services.

La Oficina de Envejecimiento Saludable (Office of Healthy Aging, OHA) de Rhode Island está trabajando junto con el Departamento de Salud de Rhode Island (Rhode Island Department of Health) y la Agencia de Gestión de Emergencias de Rhode Island (Emergency Management Agency) para coordinar la respuesta del estado a la enfermedad del coronavirus 2019 (COVID-19). Los adultos mayores de Rhode Island y las personas que tengan condiciones subyacentes corren un mayor riesgo de padecer una enfermedad grave por COVID-19. El gobernador Raimondo y el Departamento de Salud de Rhode Island están incentivando a nuestras poblaciones de mayor riesgo a practicar el distanciamiento social durante este período y a utilizar la tecnología, siempre que sea posible, para mantenerse en contacto con su familia y amigos.

CIUDAD/PUEBLO	CENTRO LOCAL/CONTACTO	TELÉFONO
<a href="#">Barrington</a>	Centro de Adultos Mayores de Barrington	401-247-1926
<a href="#">Bristol</a>	Localidad de Bristol	401-253-2310
<a href="#">Burrillville</a>	Servicios para adultos mayores de Burrillville	401-710-7429
<a href="#">Central Falls</a>	Oficina del alcalde de Central Falls	401-727-7400, interno 5
<a href="#">Charlestown</a>	Centro Comunitario para Adultos Mayores de Charlestown	401-364-6998
<a href="#">Coventry</a>	Centro de Recursos y de Adultos Mayores de Coventry	401-822-9175
<a href="#">Cranston</a>	Servicios para adultos mayores de Cranston	401-780-6000
<a href="#">Cumberland</a>	Centro de Adultos Mayores de Cumberland	401-334-2555
<a href="#">East Greenwich</a>	Centro de Adultos Mayores de East Greenwich	401-886-8669
<a href="#">East Providence</a>	Centro de Adultos Mayores de East Providence	401-435-7800
<a href="#">Exeter</a>	Servicios Sociales de Exeter	401-294-3176
<a href="#">Foster</a>	Departamento de Servicios Humanos de Foster	401-392-9208
<a href="#">Glocester</a>	Servicios para adultos mayores de Glocester	401-567-4557
<a href="#">Hopkinton</a>	Crandall House	401-377-7795
<a href="#">Jamestown</a>	Servicios para adultos mayores de Jamestown	401-423-9804
<a href="#">Johnston</a>	Centro para Adultos Mayores de Johnston	401-944-3343
<a href="#">Lincoln</a>	Centro para Adultos Mayores de Lincoln	401-753-7000
<a href="#">Little Compton</a>	Alcaldía de Little Compton	401-635-4400
<a href="#">Middletown</a>	Centro para Adultos Mayores de Middletown	401-849-8823
<a href="#">Narragansett</a>	Asociación de Adultos Mayores de Narragansett	401-782-0675
<a href="#">New Shoreham</a>	Alcaldía de New Shoreham	401-466-3200
<a href="#">Newport</a>	Edward King House	401-846-7426
<a href="#">North Kingstown</a>	Beechwood/North Kingstown	401-268-1593
<a href="#">North Providence</a>	Centro North Providence Mancini	401-231-0742
<a href="#">North Smithfield</a>	North Smithfield	401-766-3734
<a href="#">Pawtucket</a>	Centro para Adultos Mayores Leon Mathieu	401-312-0266
<a href="#">Portsmouth</a>	Localidad de Portsmouth	401-643-0499
<a href="#">Providence</a>	Oficina del alcalde de Providence	311
<a href="#">Richmond</a>	Centro Comunitario y para Adultos Mayores de Richmond	401-491-9404
<a href="#">Scituate</a>	Centro para Adultos Mayores de Scituate	401-647-2662
<a href="#">Smithfield</a>	Centro para Adultos Mayores de Smithfield	401-949-4590
<a href="#">South Kingstown</a>	Centro para Adultos Mayores de South Kingstown	401-789-0268
<a href="#">Tiverton</a>	Centro para Adultos Mayores de Tiverton	401-625-6790
<a href="#">Warren</a>	Centro para Adultos Mayores de Warren	401-247-1930
<a href="#">Warwick</a>	Centro para Adultos Mayores de Pilgrim	401-468-4077
<a href="#">West Greenwich</a>	Alcaldía de West Greenwich	401-392-3800
<a href="#">West Warwick</a>	Centro para Adultos Mayores de West Warwick	401-822-4450
<a href="#">Westerly</a>	Centro para Adultos Mayores de Westerly	401-596-2404
<a href="#">Woonsocket</a>	Alcaldía de Woonsocket	401-762-6400

Si usted forma parte del grupo de mayor riesgo o está cuidando a alguien que forma parte de ese grupo y tiene alguna pregunta o desea conocer los recursos disponibles para usted, comuníquese con nuestro centro de ayuda para el envejecimiento saludable, Point, al 401-462-4444. Garantizar que nuestros adultos mayores y las personas necesitadas tengan acceso a alimentos y otros recursos esenciales en este momento es un motivo de especial preocupación; la OHA trabaja en estrecha colaboración con las comunidades y muchos asociados para brindar ayuda. A continuación, encontrará una lista actual de contactos de centros para adultos mayores y otras agencias locales disponibles para ayudar a los adultos mayores de todo el estado (haga clic en el nombre de la ciudad para acceder a su sitio web):

### Consejos para este momento:

- ✓ Quédese en casa siempre que sea posible
- ✓ Limite la interacción directa con otras personas
- ✓ Lávese las manos con frecuencia
- ✓ Llame al médico si se siente mal
- ✓ Llame a Point si necesita ayuda para obtener alimentos o con otros recursos

Para obtener información y orientaciones actualizadas sobre el COVID-19, llame al 401-222-8022 o visite [www.health.ri.gov/covid](http://www.health.ri.gov/covid).

Puede acceder a esta información en línea en: [www.oha.ri.gov/resources](http://www.oha.ri.gov/resources)



@HealthyAgingRI

## Agencias de Acción Comunitaria:

Programa de Acción Comunitaria de Blackstone Valley (Blackstone Valley Community Action Program) | 401-723-4520 | [www.bvcap.org](http://www.bvcap.org) Área: Pawtucket, Central Falls, Lincoln, Cumberland, Woonsocket

Asociación de Acción Comunitaria de Providence (Community Action Partnership of Providence) | 401-273-2000 | [www.cappri.org](http://www.cappri.org) | Área: Providence

Alianza de Cuidado Comunitario (Community Care Alliance) | 401-235-7000 | [www.CommunityCareRI.org](http://www.CommunityCareRI.org) | Área: Woonsocket

Acción Comunitaria Integral (Comprehensive Community Action) | 401-467-9610 | [www.comcap.org](http://www.comcap.org) | Área: Cranston, Foster, Scituate, Coventry

Acción Comunitaria de Eastbay (Eastbay Community Action): Lower Bay | 401- 847-7821 | [www.ebcap.org](http://www.ebcap.org) | Área: Newport, Portsmouth, Tiverton, Middletown, Jamestown, Little Compton

Acción Comunitaria de Eastbay (Eastbay Community Action): Upper Bay | 401-437-1000 | [www.ebcap.org](http://www.ebcap.org) | Área: East Providence, Warren, Bristol, Barrington

Agencia de Acción Comunitaria Tri-County (Tri-County Community Action Agency): Northern

401-351-2750 | [www.tricountyri.org](http://www.tricountyri.org) Área: North Providence, Johnston, North Smithfield, Smithfield, Burrillville, Glocester

Agencia de Acción Comunitaria Tri-County (Tri-County Community Action Agency): Southern | 401-789-3016 | [www.tricountyri.org](http://www.tricountyri.org)

Área: Exeter, Charlestown, Narragansett, Westerly, Hopkinton, North/South Kingstown, Richmond, West Greenwich, New Shoreham

Asociación de Acción Comunitaria de Westbay (Westbay Community Action Partnership) | 401-732-4660 | [www.westbaycap.org](http://www.westbaycap.org) | Área: Warwick, West Warwick, East Greenwich

## Recursos de alimentos y suministros:

Programas de comida preparada (las cantidades disponibles son limitadas)

La OHA continúa con su programa de almuerzos en los centros de adultos mayores y agencias comunitarias durante este momento. Para obtener más información sobre los lugares que participan y los horarios, llame a Point al 401-462-4444 o visite [www.oha.ri.gov](http://www.oha.ri.gov).

Comidas a domicilio (para los adultos mayores muy necesitados)

Meals on Wheels sigue atendiendo a sus clientes actuales en todo el estado y trabaja con la OHA y las comunidades locales para aumentar los servicios durante este momento. Si usted tiene más de 65 años, está confinado a su casa y necesita ayuda para hacer las comidas, llame a Meals on Wheels al 401-351-6700.

Comidas y suministros de emergencia (abierto a todas las personas necesitadas)

Visite [www.rifoodbank.org](http://www.rifoodbank.org) para obtener una lista completa de los bancos de alimentos en todo Rhode Island.

Horario del mercado de comestibles matutino (limitado a las poblaciones de alto riesgo)

Los siguientes mercados de comestibles ofrecen horarios especiales de compra o programas para ayudar a los adultos mayores de Rhode Island y a aquellas personas que tengan condiciones médicas crónicas a acceder a los suministros necesarios durante este momento. Para obtener más información sobre estos programas, comuníquese con los mercados individuales o visite [www.oha.ri.gov/markethours](http://www.oha.ri.gov/markethours) y obtenga una lista actualizada de los mercados participantes:

Brigido's Fresh Markets	de 7:00 a. m. a 10:00 a. m.	Richmond Farms Fresh Market	de 7:30 a. m. a 8:00 a. m.
Clements Market	de 7:00 a. m. a 8:00 a. m.	Roch's Fresh Foods	Entrega gratuita
Dave's Marketplace	de 7:00 a. m. a 8:00 a. m.	Save-A-Lot	de 8:00 a. m. a 9:00 a. m.
Dave's Marketplace (lugares pequeños)	de 8:00 a. m. a 9:00 a. m.	Shaw's	de 7:00 a. m. a 9:00 a. m. (martes y jueves)
Dollar General	de 6:00 a. m. a 7:30 a. m.	Stop & Shop	de 6:00 a. m. a 7:30 a. m.
Jerry's Market	de 7:00 a. m. a 8:00 a. m.	Target	de 7:00 a. m. a 8:00 a. m. (miércoles)
Ma & Pa's in Hope Valley	Recolección en la acera	Whole Foods	de 8:00 a. m. a 9:00 a. m.

## Restaurantes locales

Los restaurantes de todo el estado ofrecen opciones de comida para llevar o de entrega a domicilio. Visite [www.eatdrinkri.com](http://www.eatdrinkri.com) para obtener una lista completa de restaurantes en todo el estado donde se puede ordenar comida en línea o para llevar o llame a su restaurante local favorito para obtener información sobre los servicios disponibles.



Point

Inf. y ayuda las 24 horas,  
los siete días de la semana

401-462-4444