

April 25, 2025

# DD News and Updates **Newsletter**

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# You can sign-up to get your own copy of this newsletter for free online.

Website: www.bhddh.ri.gov Phone: 401.462.3421 Email: BHDDH.AskDD@bhddh.ri.gov

ESPAÑOL: 401.462.3014

# **Division Updates**

# **Division Website Changes**



Over the next year, the Division will make updates to our website. You might have noticed a few changes already. Though the update is not complete, here is a list of the most recent changes:

- <u>Assessment Process webpage</u>. This page used to be called "Support Intensity Scale (SIS)." This page talks about the assessment tools the Division uses to learn more about you.
- 2. <u>The Eligibility and Application webpage.</u> This page talks about how to apply for services. The page was updated so the information is easier to read and understand.
- 3. <u>Services for Adults webpage</u>. This page shares a list of services you can choose from. Some new services were added to the list, and there is a new tool called the DD Service Spotlight Cards you can explore to learn about each service.
- 4. Forms, Brochures, and Guides webpage. This used to be made up of three webpages: (1) a Forms page, (2) a Brochures & Guides page, and (3) a Policies page. Some of the information has been moved to new provider pages. The rest has been combined to make this new Forms, Brochures, and Guides webpage. You will find flyers, guides, and other handouts you can print.
- 5. <u>Reporting Abuse webpage.</u> This is a new webpage. It explains abuse, including the different types of abuse. It also shares community resources that people can go to for help.
- 6. <u>Provider Tools and Resources webpage.</u> This is a new webpage. While anyone can explore the page, it was made for providers. It lists the policies, technical bulletins, and forms providers often use.
- 7. <u>Conflict Free Case Managers (CFCM) webpage</u>. This is a new webpage. Anyone can explore the page, but it was made for CFCM providers. It shares CFCM provider materials, like rubrics, forms, letters, training materials, and the external CFCM provider list.

# **Division Updates**

# Sign-up for the Your Life, Your Rights Program

Join the Division's free, weekly online trainings about your rights. You can sign-up for any or all the trainings you are interested in. Use the **program sign-up link** to join the program.



Safety Rights: Rights to be treated well and feel safe.

Tuesday, April 29th 10:30am to 12pm



Fair Treatment Rights (Anti-discrimination): Rights to be treated fair.

Tuesday, May 6<sup>th</sup> 10:30am to 12pm



Healthcare Rights: Rights to physical and mental health care.

Tuesday, May 13<sup>th</sup> 10:30am to 12pm



Relationship Rights: Rights to different relationships.

Tuesday, May 20<sup>th</sup> 10:30am to 12pm

# **Community News**

# **Resources on Safety**

We all deserve to feel safe. Like with many skills, we often must start growing our safety skills by learning more about them. In this section, we will share tips and resources about safety.

In a blog post on <u>The Mobility Resource Blog</u>, author Barton Cutter shares tips on staying safe in the community:

- 1. Be aware of what and who are around you. Try not to be on your phone. Pay attention to where you are.
- 2. Sit up straight. This helps you notice things around you better. It also makes you look more sure of yourself.
- 3. Know a safe place you can go. If you are away from home, this may start with an emergency contact list on your phone. It also helps to know the emergency exits.
- 4. Try to stay calm if you start to feel nervous or stressed. When you are calm you can think better. This can help you get away from danger. Try to count to ten or take five deep breaths.
- 5. Protect your personal space and safety, even if that means being impolite. Don't stay in a place that makes you uncomfortable. Say what you need.
- 6. Trust yourself to make the best choice for you in the moment. Once you are away from danger and safe, then you can think about how to do better next time.



# **Community News**

## **Resources on Safety**



People with intellectual and developmental disabilities are hurt or attacked much more often seven times more—than people without disabilities. This serious problem shows why we need to raise awareness, speak up for their rights, and take action to keep them safe and respected.



In a <u>toolkit on sexual assault awareness, Elevatus Training</u> shares a library of resources on body safety, like:

- 1. Handouts that teach about body rights, setting boundaries, and saying "no."
- 2. Video lessons on what it means it give someone permission to get in your personal space.
- 3. Resources on getting help and preventing harm.

We have 4 numbers to share with you that you can call any time, day or night, if you need help staying safe.

- 1. BHDDH Quality Assurance (QA) 401-462-2629. This number is to report abuse.
- 2. Day One and Helpline RI 1-800-494-8100. This number is for help.
- 3. Blackstone Valley Advocacy Center (BVAC) 401-723-3057. This number is for help.
- 4. In emergencies call 911.

# **Community Resources**

# How to Advocate for Laws

In our <u>April 11<sup>th</sup> newsletter (page 4; PDF)</u>, we shared details on how to advocate for laws. This is often known as Legislative Advocacy. **Legislative** relates to laws, and **advocacy** means to stick up for yourself or others.

Learning how to advocate for laws can be a helpful skill to learn. With this skill, you can protect your rights and values. Here are a few video resources that may help you as you grow your skills:

- <u>Advocacy 101: Tips for Legislative Advocates</u> by The Arc of Washington State
- <u>Voices for Change: Legislative Advocacy in Action</u> by Texas Council for Developmental Disabilities
- Advocacy 101: Legislative Advocacy by Autistic Self Advocacy Network
- <u>The Basics of Legislative Advocacy</u> by Institute for Disability

# **Accessibility Tip**

Music is a powerful art form. It gives you a beat you feel, words you can relate to, and ways to express yourself. Music also helps bring us together, no matter our differences.

There are many businesses working to make music more accessible to people with all abilities. One company is <u>Drake Music</u>. This company focuses on creating new technology and ways to give more people access to music and music making. On their website, they share details on accessible music instruments they are making. These details also share personal stories from people with disabilities that can now create music easier.

Everyone can create and enjoy music. Learn more about the <u>art musicians with disabilities are creating in the short</u> <u>video about Berklee College of Music</u>.





# **Community Resources**

# Self-Care

Spring has sprung! The trees are blooming, the flowers growing, and the days are warmer. Spring also brings Mental Health Awareness Month in May.

Mental health is how well your mind is working so you can cope with stress, learn, and do things you enjoy. Some people, events, and things help build our mental health strength. This will be different for everyone and may even change for you depending on the day. Some positive mental health activities you can try this May are:

Spend time outside. Take a break by sitting near a tree and smelling some flowers.

Ask someone how they are doing. Get to know them better and how they have been feeling.

Spend a few minutes writing in your journal. Write about whatever you want. Do something that gets you moving, like stretching, dancing, or playing.

These ideas come from <u>Mental Health America (MHA)</u>. Visit their website to learn more about Mental Health Awareness Month and other helpful tools.

If you or someone you know needs support now, call or text 988 or chat <u>988lifeline.org</u>.

# **Community Events**

# **Calendar of Events**

Explore upcoming events in your community. Unless noted, these events are free and open to the public. You may have to sign-up a few days before the event to go.

Event	Date & Time	Location	Sign-up
"Self-Directed Toolkit" by RIPIN	Saturday, April 26, 2025, at 10 am	Zoom and in- person	Learn more on the <u>RIPIN</u> <u>Self-Directed Toolkit event</u> <u>page</u> .
"23rd Annual Imagine Walk & Family Fun Day!" by the Autism Project	Sunday, April 27, 2025, at 10am	Goddard Memorial State Park	Autism Project Annual Imagine Walk sign-up webpage.
"SSI Overview" by Sherlock Center	Wednesday, April 30, 2025, 12-1pm	Zoom	<u>SSI Overview online-sign-</u> up.
"Family Employment Awareness Training-Youth (FEAT-Y)" by Sherlock Center	Tuesdays and Wednesdays, May 5, 8, 12 and 15 from 4:30-6pm	Zoom	FEAT-Y <u>online-sign-up</u> .
"Credentials, Convening, and Collaborations!" by Advancing Employment	Tuesday, May 6, 2025, 2-3pm	Online	<u>Learn more and sign-up on</u> <u>the Advancing Employment</u> <u>website</u> .
"Rhode Island's Workforce Development Initiative" by Advancing Employment	Tuesday, May 13, 2025, 2-3pm	Online	<u>Learn more and sign-up on</u> <u>the Advancing Employment</u> <u>website</u> .
"2 <sup>nd</sup> Annual Mental Health Fair" by Providence Schools	Wednesday, May 14, 2025, 4-6pm	41 Fricker St, Providence	Visit the <u>Providence Schools</u> <u>website</u> . No sign-up needed.
"Wellness Fair" by The RI Nurses Institute Middle College Charter High School	Wednesday, May 14, 2025, 10am-2pm	150 Washington St. <i>,</i> Providence	Visit the <u>RI Nurses Institute</u> <u>Middle College Charter High</u> <u>School website</u> . No sign-up needed.

# **Community Events**

# **Calendar of Events Part 2**

Event	Date & Time	Location	Sign-up
"Supporting Meaningful Employment: Job Retention and Coaching" by Sherlock Center	Thursday, May 15 to June 12, 2025, at different times	Sherlock Center, Rhode Island College	Sign-up for the Supporting Meaningful Employment series online.
"Mental Health Support for Consumers with I/DD" by RIPIN	Tuesday, May 20, 2025, at 6pm	Zoom	Learn more on the <u>RIPIN</u> <u>Mental Health Support for</u> <u>Consumers with I/DD</u> <u>webpage</u> .
"Georgia's Disability Justice Journey and Employment" by Advancing Employment	Tuesday, May 20, 2025, 2-3pm	Online	<u>Learn more and sign-up on</u> <u>the Advancing Employment</u> <u>website</u> .
"SSDI Overview" by Sherlock Center	Wednesday, May 21, 2025, 12-1pm	Zoom	SSDI Overview online sign- up.
"Annual Breakfast" by RIPIN	Thursday, May 22, 2025, from 8-10am	Crowne Plaza, Warwick	Annual Breakfast online sign-up webpage
"Friendships at Work" by Advancing Employment	Tuesday, May 27, 2025, 2-3pm	Online	<u>Learn more and sign-up on</u> <u>the Advancing Employment</u> <u>website</u> .
"Work Pays! An Introduction to Youth SSI Work Incentives" by Sherlock	Wednesday, June 11, 2025, 12-1pm	Zoom	Work Pays online sign-up.
"Family Leadership Project 2.0" by Best Life RI and Starfire	TBD monthly sessions through Sept. from 6-7pm	Online	Visit the <u>Best Life RI website</u> to sign-up

# Report Suspected Abuse QA Hotline 401-462-2629

# Mandated Reporting

Reporting suspected occurrences of abuse, neglect, and mistreatment of individuals with developmental disabilities To **report abuse and serious incidents** call the BHDDH Quality Assurance (QA) Unit **hotline at (401) 462-2629**. The hotline is open 24-hour hotline, seven days per week, 365 days per year. Staff respond to reported incidents of abuse, neglect, mistreatment, and financial exploitation.

# **BH Link is Here for You**

BH Link's mission is to ensure all Rhode Islanders experiencing mental health and substance use crises receive the appropriate services they need as quickly as possible in an environment that supports their recovery. Visit the BH Link website at <u>www.bhlink.org</u>.

If under 18 CALL: (855) KID (543)-LINK(5465)

VISIT the 24-HOUR/7-DAY Triage Center at:

975 Waterman Avenue, East Providence, RI

Call 911 if there is a risk of immediate danger.

If you or someone you know needs support now, call or text **988** or chat <u>988lifeline.org</u>



# For More about the Division

Want to find out more about the Division? Visit the <u>Division's webpage</u>. You will find information on services, resources, and more.

To contact Division staff, review the Contact List attached to this newsletter. You can also find a full list of staff on the <u>Division's Contact Us webpage</u>.

You are always welcome to send general questions to <u>BHDDH.AskDD@bhddh.ri.gov</u>. Please do not email critical issues.

The Division is open Monday to Friday from 8:30 AM - 4:00 PM.



# **Division of Developmental Disabilities Staff Contacts**

Main Phone: (401) 462-3421	Website: https://bhddh.ri.gov/
Fax Phone: (401) 462-2775	Behavioral Health Link (BH Link): (401) 414-5465
Spanish Phone: (401) 462-3014	Report Abuse: (401) 462-2629
<b>TDD</b> : (401) 462-3226	

### **Administrative Team**

Name	Job Title	Phone	Email
Kevin Savage	Director	462-0581	Kevin.Savage@bhddh.ri.gov
Anne LeClerc	Associate Director, Prog Performance	462-0192	Anne.LeClerc@bhddh.ri.gov
Brenda DuHamel	Associate Director, Admin Services	462-3010	Brenda.DuHamel@bhddh.ri.gov
Christine Botts	Deputy Administrator	462-2766	Christine.Botts@bhddh.ri.gov
Cindy Fusco Heather Mincey Natalie Munoz	Assistant Director	462-6689 462-1218 462-3016	Cynthia.Fusco@bhddh.ri.gov Heather.Mincey@bhddh.ri.gov Natalie.Munoz@bhddh.ri.gov
Susan Hayward Tracy Levesque	Associate Director, Clinical and	462-2519 462-0209	Susan.Hayward@bhddh.ri.gov Tracy.Levesque@bhddh.ri.gov

### **Social Caseworker Units**

#### Unit 1

Name	Job Title	Phone	Email
Marguerite Belisle	Casework Supervisor II	462-0714	Marguerite.Belisle@bhddh.ri.gov
Amie Adams	Social Caseworker II	462-2480	Amie.Adams@bhddh.ri.gov
GinaMarie Debartolo	Social Caseworker II	462-3402	GinaMarie.Debartolo@bhddh.ri.gov
Suzanne Porter	Social Caseworker II	462-1972	Suzanne.Porter@bhddh.ri.gov
Kaitlin Sarkees	Social Caseworker II	462-4075	Kaitlin.Sarkees@bhddh.ri.gov
Heather Soares	Social Caseworker II	462-6097	Heather.Soares@bhddh.ri.gov_

#### Unit 2

Name	Job Title	Phone	Email
Mary Beth Stevens	Casework Supervisor II	462-2438	Marybeth.Stevens@bhddh.ri.gov
Timothy Cronin	Social Caseworker II	462-1721	Timothy.Cronin@bhddh.ri.gov
Jennifer Gouveia	Social Caseworker II	462-0098	Jennifer.Gouveia@bhddh.ri.gov
Erin Simonelli	Social Caseworker II	462-2502	Erin.Simonelli@bhddh.ri.gov
Lena Sousa	Social Caseworker II	462-1834	Lena.Sousa@bhddh.ri.gov
Joseph Tevyaw	Social Caseworker II	462-2474	Joseph.Tevyaw@bhddh.ri.gov

#### Unit 3

Name	Job Title	Phone	Email
Stacey Perry	Casework Supervisor II	462-2418	Stacey.Perry@bhddh.ri.gov
Mary Cameron	Social Caseworker II	462-1307	Mary.Cameron@bhddh.ri.gov
Judy Coit	Social Caseworker II	462-1327	judith.coit@bhddh.ri.gov
JoAnn DiMuccio	Social Caseworker II	462-2523	JoAnn.DiMuccio@bhddh.ri.gov
Katrina Ferry	Social Caseworker II	462-2529	katrina.ferry@bhddh.ri.gov
Megan Gilbert	Social Caseworker II	462-2524	Megan.Gilbert@bhddh.ri.gov
Dayna Hansen	Social Caseworker II	462-2505	Dayna.Hansen@bhddh.ri.gov
Heidy Henriquez	Social Caseworker II	462-3022	heidy.henriquez@bhddh.ri.gov
Crystal Morel	Social Caseworker II	462-1329	Crystal.Morel@bhddh.ri.gov

# **Eligibility Unit**

Name	Job Title	Phone	Email
Karen Lowell	Caseworker Supervisor II/Elig Sup	462-2209	Karen.Lowell@bhddh.ri.gov
Louise White	Public Health Nurse Consultant	462-0089	Louise.White@bhddh.ri.gov
Jill Murphy	Social Caseworker II	462-2409	Jill.Murphy@bhddh.ri.gov
Kim Wright	Information Aide	462-2584	Kimberly.Wright@bhddh.ri.gov

### SIS Unit

Name	Job Title	Phone	Email
Donna Standish	Caseworker Supervisor II/SIS Sup	462-2628	Donna.Standish@bhddh.ri.gov
Meaghan Jencks	Caseworker Supervisor II/SIS Sup	462-2113	Meaghan.Jencks@bhddh.ri.gov
Stephanie Andreozzi	Implementation Aide	462-1859	Stephanie.Andreozzi@bhddh.ri.gov
Wendy Cormier	Social Caseworker II	462-1302	Wendy.Cormier@bhddh.ri.gov
Jamie Fitzgibbons	Social Caseworker II	462-2510	Jamie.Fitzgibbons@bhddh.ri.gov_
Jessica Rodriguez	Social Caseworker II	462-3233	Jessica.Rodriguez@bhddh.ri.gov

### **Transition Unit**

Name	Job Title	Phone	Email
		462 2540	
Susan Hayward	Administrator, YIT	462-2519	Susan.Hayward@bhddh.ri.gov
		462 4722	
Carolee Leach	Prof. Services Coordinator	462-1723	Carolee.Leach@bhddh.ri.gov
Laurie Rossi	Implementation Aide	462-2563	Laurie.Rossi@bhddh.ri.gov

## **Case Management Units**

### Unit 1

Name	Job Title	Phone	Email
Souphalak Muriel	Casework Supervisor II	462-2512	Souphalak.Muriel@bhddh.ri.gov
Alex Blue	Social Caseworker II	864-5403	Alex.Blue@bhddh.ri.gov
Cayla Cozzo	Social Caseworker II	864-1944	<u>Cayla.Cozzo@bhddh.ri.gov</u>
Liana Fontaine	Social Caseworker II	864-7622	Liana.Fontaine@bhddh.ri.gov
Nathaniel Mazza	Social Caseworker II	864-6934	Nathaniel.Mazza@bhddh.ri.gov
Mellissa Parham	Social Caseworker II	864-1103	Mellissa.Parham@bhddh.ri.gov
Melanie Reyes	Social Caseworker II	864-4872	Melanie.Reyes@bhddh.ri.gov
Karen Schmid	Social Caseworker II	864-2590	Karen.Schmid@bhddh.ri.gov
Jennea Young	Social Caseworker II	864-1506	Jennea.Young@bhddh.ri.gov

### Unit 2

Name	Job Title	Phone	Email
Valanda Damas	Cosowerk Supervisor II	462 1050	Valanda Damas @hhddh ri gay
Yolande Ramos	Casework Supervisor II	462-1059	Yolande.Ramos@bhddh.ri.gov
Erin Hagopian	Social Caseworker II	864-2854	Erin.Hagopian@bhddh.ri.gov
Cassandra Killingham	Social Caseworker II	864-3728	Cassandra.Killingham@bhddh.ri.gov
Erica MacDougall	Social Caseworker II	479-0584	Erica.Macdougall@bhddh.ri.gov
Beth-Ann Myers	Social Caseworker II	864-0198	Bethann.Myers@bhddh.ri.gov
Glenn Vario	Social Caseworker II	529-0720	Glenn.Vario@bhddh.ri.gov
Christine Warren	Social Caseworker II	864-0666	Christine.Warren@bhddh.ri.gov

## **Community Services**

Name	Job Title	Phone	Email
Heather Mincey	Assistant Director	462-1218	Heather.Mincey@bhddh.ri.gov
Elvys Ruiz	Administrator III, Employment	462-3857	Elvys.Ruiz@bhddh.ri.gov
Gerard (Jay) MacKay	Associate Administrator, Employment	462-5279	Gerard.Mackay@bhddh.ri.gov
Jackie Camilloni	Coordinator, Self Direction	462-6608	Jackie.Camilloni@bhddh.ri.gov
Steven Seay	Coordinator, Integrated Comm Services	462-6609	Steven.Seay@bhddh.ri.gov

### Residential

Name	Job Title	Phone	Email
Tracy Levesque	Associate Director, Clinical and RICLAS	462-0209	Tracy.Levesque@bhddh.ri.gov
Melissa Greenlief	Administrator, Community Services	462-2459	Melissa.Greenlief@bhddh.ri.gov

# **Communications and Training**

Name	Job Title	Phone	Email
Anne LeClerc	Associate Director, Prog Performance	462-0192	Anne.LeClerc@bhddh.ri.gov
Johanna Mercado	Coordinator, Communications	462-6646	Johanna.Mercado@bhddh.ri.gov
Amethys Nieves	Associate Admin, Communications	462-6629	Amethys.Nieves@bhddh.ri.gov
Kelly Petersen	Chief of Training, Staff Development and CQI	462-6592	Kelly.Petersen@bhddh.ri.gov
Christine Allenson	Programming Services Officer	462-0126	christine.allenson@bhddh.ri.gov
Peter Joly	Principal Community Development and Training Specialist	462-6638	Peter.Joly@bhddh.ri.gov
Robin Gannon	Clinical Training Specialist	462-6691	Robin.Gannon@bhddh.ri.gov