



Introduction to Independent Facilitation

Independent Facilitator (IF)

An Independent Facilitator (IF) is a new role. The IF will help you plan for, give you advice about, and write your Individual Support Plan (ISP).

The IF will help you learn about the services, providers, and people that are available to help you. The process of learning what resources are available to you is called resource mapping. By learning more about the resources you can use you will be able to explore more opportunities.

The IF will check-in with you often to make sure you are getting the services and supports you need. IF's will help you make changes to your ISP as needed so you can meet all your goals.

IF's and the Consent Decree

The Consent Decree required BHDDH to create a plan to track how people learn about their resources. This is being done to make sure everyone getting services knows all their options. This plan will also help make sure everyone getting services can explore new opportunities.

BHDDH created the IF role to meet the Consent Decree requirement. The goal is that IF's will help people become more involved and independent in their community.

What this means for you

You do not have to do anything right now.

BHDDH will assign an IF to work with you. You will start working with your IF a few months before your next ISP is due. The IF will help you plan for your ISP meeting with your support team.

Independent Facilitator (IF) Roles & Responsibilities

Stage 1: Introduction

IF will get to know who you are. They will talk to you and the trusted people in your life. They will talk to your support team and review your personal record.



Stage 2: Pre-Planning

IF will continue getting to know you. IF will work with you to do the Qualitative Review of Life Domains. IF will create a resource map and discuss future planning with you.



Stage 3: Planning Process

IF will meet with you and your support team. IF will help you identify goals and action steps, and how goals are measured. IF will schedule check-ins with you.



Stage 4: Write the Plan

IF will write your plan with you. IF will ensure all supporting documents are in your plan. IF will make changes as needed before submission.



Stage 5: Routine Check-Ins

IF will check-in with you and your support team often. IF will review your plan progress, note any changes, and share results.

