



# Your Life, Your Rights

## Safety and Freedom in Life

### Personal Space and Boundaries



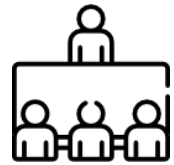
You can take breaks when needed to relax



You decide when you need help and from who



You have safe places you can go



You have people you trust to talk to

### Safety in the Community



You can ask for space when you need it



Your personal boundaries will be respected



You will have information about travelling safely



You will have information about safe places to go to for help

### Health and Medical Safety



You can make decisions about your health



You can make an appointment with your doctor when you need to



You can talk to your doctor about starting or stopping treatment



You can go to the emergency room for serious injuries

### Freedom from Abuse



You will not be harmed physically



You will not be harmed sexually



You will not be harmed verbally



You will not be taken advantage of



You will be treated with dignity and respect



You will get the correct treatment you need



You will get help living a safe and healthy life

**To report abuse and serious events call the BHDDH Quality Assurance (QA) Unit hotline at (401) 462-2629. The hotline is open 24-hours a day, seven days per week, 365 days per year.**