

The Department of Behavioral Healthcare, Developmental Disabilities & Hospitals

DD News & Updates

March 31, 2023

Technology Fund Forum Wednesday, April 5 from 4:00 PM - 5:30 PM In-Person at Rhode Island College, Alger Hall, Room 110

To register: http://bit.ly/3JvyQNp

Please join us for the last Technology Fund forum on Wednesday, April 5 at Rhode Island College. The technology fund will be coming to an end on May 31. This forum will discuss what has been done with the technology fund and how to make a request for this last round of funding.

For any questions or to submit the requested follow-up information, please email BHDDH.DDTechRequest@bhddh.ri.gov

Directions, a campus map, and a required parking pass will be provided upon registering.

Self-Directed Supports Network March Meeting With Heather Mincey

On March 22, Heather Mincey, the Assistant Director for the Division of Developmental Disabilities (DDD) spoke with the Self-Directed Supports Network. She answered questions from self-directed individuals and families. Kim Einloth, a consultant at Sherlock and a member of the Technology Fund Review Committee, also gave an overview of the Technology Fund.

Watch the full recording of the meeting here.

Disability News You Can Use! Episode 2

Listen to the Sherlock Center's brand-new podcast, "Disability News You Can Use!"



Join Deanne Gagne and Andrew McQuaide as they discuss topics impacting Rhode Island's Disability Community and share practical ways you can use information from each episode in your life. This month Deanne speaks with Ed Laurenzo, a certified Personal Trainer for the past five years and a person with a disability that has conquered his selfdoubt and strives to encourage others to reach their full fitness potential.

Listen now on your favorite platform!

Apple Spotify STITCHER iHeart amazonmusic

WEB: www.bhddh.ri.gov | EMAIL: BHDDH.AskDD@bhddh.ri.gov | PHONE: 401.462.3421 | ESPAÑOL: 401.462.3014 1

DD News 3/31/2023

Medicaid Renewals

Starting April 1, 2023, every person receiving Medicaid will have their eligibility redetermined. Before the COVID-19 pandemic, people enrolled in Medicaid had their eligibility reviewed once a year. This is called "Renewal" or "Redetermination." During the pandemic, eligibility renewals were put on hold, and those enrolled in Medicaid prior to the pandemic automatically remained continuously eligible. Some people may begin receiving recertification packets as soon as April.

Before the COVID-19 pandemic, Medicaid eligibility was reviewed once a year. This process is called a "renewal" or "redetermination."

During the public health emergency (PHE), the federal government stopped annual renewals to make sure that people did not lose health coverage. The federal government is now mandating that states restart their annual renewals. On April 1, Medicaid renewals will begin again in Rhode Island. Renewals will take place over 12 months in a staggered approach.

The state expects approximately one half of renewals to be passive, requiring no action on the part of the enrollee. In these cases, the state will use information from various data sources to verify continued eligibility. Individuals eligible for Social Security Insurance (SSI) are not subject to State financial renewals.

Your Medicaid renewal/eligibility redetermination will only affect your Medicaid coverage. It will not affect your other benefits such as Supplemental Nutrition Assistance Program (SNAP).

Key Points

- Renewals are happening again starting in April
- Please update your contact information now
- Wait for your yellow or green notice to arrive—this means it is your turn to begin the renewal process.
- Take action when you receive your yellow notice
- Check your www.healthyrhode.ri.gov account to see your estimated date of renewal
- Protect yourself against fraud and scams by reporting suspicious calls or letters.
- Visit <u>www.staycovered.ri.gov</u> to learn more about Medicaid renewals.
- Remember, this will happen again each year



Social Engagement Virtual Summit Tuesday, May 9 from 1:00 PM to 4:00 PM and Wednesday, May 10, from 1:00 PM. to 4:00 PM

Click here to register for the summit

Starting Tuesday, May 9, 2023 join engAGED and Commit to Connect for the Social Engagement virtual summit to promote social connectedness across ages, abilities and communities. The Virtual Summit is open to the public and does not require paid registration, but you must register to participate! You can watch recordings of last year's summit here.

The summit will bring together national, state, and local leaders for sessions highlighting innovative programs, new research, and tools and resources for the aging and disability network. Sessions will dive deep into social engagement with rural communities, supporting social connectedness, the needs of unpaid caregivers, and share innovative solutions and spur ideas for your community.

Day One of the Virtual Summit will focus on environmental, structural and social factors that contribute to social isolation and loneliness within rural communities and how organizations can develop programs, activities and practices that address these factors to help consumers stay engaged and connected.

Day Two of the Virtual Summit will focus on supporting unpaid caregivers, including diverse family caregivers, and how organizations can increase outreach, build partnerships and strengthen services to help family caregivers engage with their community. Tips for communicating with impact will also be shared.





Advisory on Over-Medication of Persons with Intellectual Disabilities

The National Task Group on Intellectual Disabilities and Dementia Practices (NTG), and the Health Matters Program at the University of Illinois Chicago issued a new brief Over Medication of Older Adults with Intellectual Disabilities: Risks for Brain Health. The advisory cautions readers of the adverse effects that arose from over medication and offer suggestions of steps for advocates to take to avoid this situation. Click here to read the advisory.



WEB: www.bhddh.ri.gov | EMAIL: BHDDH.AskDD@bhddh.ri.gov | PHONE: 401.462.3421 | ESPAÑOL: 401.462.3014 3

Joint Statement from the Centers for Medicaid Services (CMS) and the Administration for Community Living (ACL) on Implementation of the Home and Community-Based Services (HCBS) Settings Regulation March 17, 2023

Today marks an important milestone in our national efforts to enable people with disabilities and older adults to live and fully participate in their communities: the end of the transition period for implementation of the Medicaid Home and Community-Based Services (HCBS) settings regulation. Effective today, all states must be fully compliant with the regulation's requirements to uphold specified basic rights and may, through time-limited corrective action plans, have additional time to fully comply with the remaining criteria impacted by the COVID-19 public health emergency.

The HCBS Settings Rule was created to ensure that every person receiving Medicaid-funded HCBS has full access to the benefits of community living. It protects individuals' autonomy to make choices and to control the decisions in their lives, a right most people take for granted. This includes controlling personal resources; being treated with privacy, dignity, respect, and freedom from coercion and restraint; deciding what and when to eat; having visitors; being able to lock doors; and having the protections of a lease or other legally enforceable agreement. The rule requires a person-centered process for planning HCBS, which means that the individuals receiving services direct the planning process and the plan reflects their own preferences and goals they have set for themselves. The rule is critical to CMS' broader efforts to expand availability and improve the quality of Medicaid-funded HCBS.

Today represents a key milestone in years of systems change by states, service providers, disability and aging advocates, and, importantly, people receiving HCBS and their families.

- States, with input from stakeholders, have been bringing their HCBS systems into compliance with the rule. Many are embedding the rule's requirements into their own regulations, licensing standards, and oversight systems. States also are providing technical assistance to HCBS providers as they work to meet the rule's requirements, improving their person-centered planning processes, and expanding opportunities for self-direction. A number of states are investing resources to address the direct care workforce crisis, which is critical to ensuring people have access to the services they need. For example, because low wages make it very hard to recruit and retain the professionals who provide critical services, many states have increased payment for services and targeted those increases to apply to wages for direct care workers.
- HCBS providers have been changing service models, expanding their capacity to support community engagement and employment. Like states, many have prioritized wage increases and training for direct care workers.

People with disabilities, older adults, families, and advocates have been working with states and providers throughout the implementation process. They have provided input to Statewide Transition Plans that described how states would comply with the settings rule by March 17, 2023, waiver applications, and proposed regulations, participated in task forces and work groups, and more.

As a result of that hard work, states have made tremendous progress toward achieving the expectations established by the rule. However, the COVID-19 pandemic created significant challenges to implementing some provisions of the rule. In recognition of that reality, CMS is allowing states more time – with an approved corrective action plan that includes specific milestones and deadlines – to demonstrate full compliance with requirements that are directly affected by the pandemic and the workforce crisis.

At the same time, recognizing the long wait for the benefits promised by the rule, all states must now be fully compliant with the rule's requirements regarding participant rights and self-determination, such as those described above. For all states, today marks the beginning of a new phase of implementation of the rule, requiring ongoing evaluation, monitoring, and public engagement.

"The HCBS Settings Rule is transformational and is critical to CMS' goal to provide access to quality, person-centered services to HCBS participants," said Daniel Tsai, Deputy Administrator and Director of the Center for Medicaid and CHIP Services. "CMS is committed to assisting states and providers to make the changes needed to fully implement the rule."

"The rule creates a framework that will result in a shared understanding of quality community living," said Alison Barkoff, Acting Administrator of the Administration for Community Living. "It will take attention, advocacy, and action by stakeholders to make the promise of the Rule a reality for all people receiving HCBS. ACL is committed to continuing our work to support the engagement of the people this rule most affects – people with disabilities, older adults, and their families – in partnership with the aging and disability networks across the country."

More work is still to be done to fully realize the implementation of this important regulation. CMS and ACL remain committed to partnering with states and working with providers and stakeholders to ensure all states demonstrate full compliance with the regulation. Corrective action plans will continue to be approved as soon as possible and will be posted online at Medicaid.gov. Please visit the website regularly for updates.





Contacting DD Staff

See the full Division Contact List attached to this newsletter.

Monday-Friday 8:30 AM - 4:00 PM for questions or support (401) 462-3421

Para español, llame (401) 462-3014

Send general questions to the AskDD email address. BHDDH.AskDD@bhddh.ri.gov

Please do not email critical issues.

Sign Up for Our Email List

If you aren't receiving email updates and newsletters from BHDDH, you can sign up here or on our website. Go to



https://bhddh.ri.gov/developmentaldisabilities/events/newsandupdates/ to sign up or to see past quarterly newsletters and issues of DD News.

If you are experiencing a mental health crisis, BH Link is here for you



BH Link's mission is to ensure all Rhode Islanders experiencing mental health and substance use crises receive the appropriate services they need as quickly as possible in an environment that supports their recovery. Call 911 if there is risk of immediate danger. Visit the BH Link website at www.bhlink.org or for confidential support and to get connected to care:

CALL **(401) 414-LINK (5465)** If under 18 CALL: (855) KID(543)-LINK(5465)

Visit the 24-HOUR/7-DAY Triage Center at 975 Waterman Avenue, East Providence, RI

For Information on the Consent Decree

For information on the Consent Decree and BHDDH, see https://bhddh.ri.gov/developmentaldisabilities/consent-decree.

Report Suspected Abuse

Mandated Reporting

Reporting suspected occurrences of abuse, neglect, and mistreatment of individuals with developmental disabilities

To report abuse and serious incidents call the QA hotline at (401) 462-2629

The Quality Assurance (QA) Unit at BHDDH operates a 24 hour hotline, seven days per week, 365 days per year. Staff respond to reported incidents of abuse, neglect, mistreatment and financial exploitation.

Division of Developmental Disabilities - All Staff Contacts

 Main Phone #:
 (401) 462-3421
 TDD:
 (401) 462-3226
 Website:
 https://bhddh.ri.gov/
 To report abuse/neglect:

 Fax:
 (401) 462-2775
 Spanish Line:
 (401) 462-3014
 BH Link:
 (401) 414-5465
 (401) 462-2629

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Name		Title	Phone	Email
Kevin	Savage	Director	462-0581	Kevin.Savage@bhddh.ri.gov
Heather	Mincey	Assistant Director	462-1218	Heather.Mincey@bhddh.ri.gov
Christine	Botts	Deputy Administrator	462-2766	Christine.Botts@bhddh.ri.gov
Brenda	DuHamel	Associate Director, Admin Services	462-3010	Brenda.DuHamel@bhddh.ri.gov
Cindy	Fusco	Chief Implementation Aide	462-3016	Cynthia.Fusco@bhddh.ri.gov
Melissa	Greenlief	Administrator, Community Services	462-2459	Melissa.Greenlief@bhddh.ri.gov
Susan	Hayward	Administrator, Youth in Transition	462-2519	Susan.Hayward@bhddh.ri.gov
Anne	LeClerc	Associate Director, Program Performance	462-0192	Anne.LeClerc@bhddh.ri.gov
Tracy	Levesque	Clinical Administrator	462-0209	Tracy.Levesque@bhddh.ri.gov
Gerard (Jay)	MacKay	Associate Administrator, Employment	462-5279	Gerard.Mackay@bhddh.ri.gov
Erin	Perron	Associate Director, RICLAS	462-2180	Erin.Perron@bhddh.ri.gov
Jacqueline	Reilly	Programming Services Officer	462-0126	Jacqueline.Reilly@bhddh.ri.gov
Vacant		Administrator, Employment	462-3857	
Case Management Units				
East Providence/Pawtucket/Central Falls region				
Marguerite	Belisle	Casework Supervisor II	462-0714	Marguerite.Belisle@bhddh.ri.gov
Amie	Adams	Social Caseworker II	462-2480	Amie.Adams@bhddh.ri.gov
Carl	Desjarlais	Social Caseworker II	462-1555	Carl.Desjarlais@bhddh.ri.gov
Stacey	Perry	Social Caseworker II	462-2418	Stacey.Perry@bhddh.ri.gov
Suzanne	Porter	Social Caseworker II	462-1972	Suzanne.Porter@bhddh.ri.gov
Mary Beth	Silveria	Social Caseworker II	462-2438	Marybeth.Silveria@bhddh.ri.gov
Heather	Soares	Social Caseworker II	462-6097	Heather.Soares@bhddh.ri.gov
Northern RI/West Bay/Kent Region				
Janice	Bijesse	Casework Supervisor II	462-4290	Janice.Bijesse@bhddh.ri.gov
Mary	Cameron	Social Caseworker II	462-1307	Mary.Cameron@bhddh.ri.gov
Jackie	Camilloni	Social Caseworker II	462-3022	Jackie.Camilloni@bhddh.ri.gov
Megan	Gilbert	Social Caseworker II	462-2524	Megan.Gilbert@bhddh.ri.gov
Dayna	Hansen	Social Caseworker II	462-2505	Dayna.Hansen@bhddh.ri.gov
Natalie	Sam	Social Caseworker II	462-2529	Natalie.Sam@bhddh.ri.gov
Erin	Simonelli	Social Caseworker II	462-2502	Erin.Simonelli@bhddh.ri.gov
South County	/West Bay/Kent	Region		
Meredith	MacDonald	Casework Supervisor II	462-1329	Meredith.Macdonald@bhddh.ri.gov
Marisa	Abbruzzi	Social Caseworker II (RICLAS)	462-6099	Marisa.Abbruzzi@bhddh.ri.gov
Timothy	Cronin	Social Caseworker II	462-1721	Timothy.Cronin@bhddh.ri.gov
Jennifer	Gouveia	Social Caseworker II	462-0098	Jennifer.Gouveia@bhddh.ri.gov
Celestina	Okai	Social Caseworker II (RICLAS)	462-3896	Celestina.Okai@bhddh.ri.gov
Jill	Murphy	Social Caseworker II	462-2409	Jill.Murphy@bhddh.ri.gov
Lena	Sousa	Social Caseworker II	462-1834	Lena.Sousa@bhddh.ri.gov
Joseph	Tevyaw	Social Caseworker II	462-2474	Joseph.Tevyaw@bhddh.ri.gov
Providence/West Bay/Kent Region				
Kelly	Petersen	Casework Supervisor II	462-3402	Kelly.Petersen@bhddh.ri.gov
Lauree	Champagne	Social Caseworker II	462-2728	Lauree.Champagne@bhddh.ri.gov
JoAnn	DiMuccio	Social Caseworker II	462-2523	JoAnn.DiMuccio@bhddh.ri.gov
Souphalak	Muriel	Social Caseworker II	462-2512	Souphalak.Muriel@bhddh.ri.gov
Yolande	Ramos	Social Caseworker II	462-1059	Yolande.Ramos@bhddh.ri.gov
Judy	Smith	Social Caseworker II	462-1327	Judith.Smith@bhddh.ri.gov
Vacancy			462-2563	
Eligibility Unit				
Karen	Lowell	Casework Supervisor II	462-2209	Karen.Lowell@bhddh.ri.gov
Christine	Harding	Social Caseworker II	462-3233	Christine.Harding@bhddh.ri.gov
Lori	Lombardi, RN	PASRR	462-0089	Lori.Lombardiburns@bhddh.ri.gov
Kim	Wright	Information Aide	462-2584	Kimberly.Wright@bhddh.ri.gov
SIS Unit				
Donna	Standish	Casework Supervisor II	462-2628	Donna.Standish@bhddh.ri.gov
Wendy	Cormier	Social Caseworker II	462-1302	Wendy.Cormier@bhddh.ri.gov
Kristen	Miga	Social Caseworker II	462-0449	Kristen.Miga@bhddh.ri.gov
Jamie	Fitzgibbons	Social Caseworker II	462-2510	Jamie.Fitzgibbons@bhddh.ri.gov
Meaghan	Jencks	Social Caseworker II	462-2113	Meaghan.Jencks@bhddh.ri.gov
Transition Unit				
Susan	Hayward	Administrator, YIT	462-2519	Susan.Hayward@bhddh.ri.gov
Carolee	Leach	Professional Services Coordinator	462-1723	Carolee.Leach@bhddh.ri.gov
Support Staff Stanbania Andreassi Implementation Aide 463 1950 Stanbania Andreassi@hhddh.vi.gov				
Stephanie	Andreozzi	Implementation Aide	462-1859	Stephanie.Andreozzi@bhddh.ri.gov
Laurie	Rossi	Implementation Aide	462-2563	Laurie.Rossi@bhddh.ri.gov
Lori	Vandall	Clerk Typist	462-6086	Lori.Vandall@bhddh.ri.gov

LUNCH AND LEARN: Working While Disabled—Work Incentives Sessions

Working with Benefits - Yes, You Can! February 23, 2023, 12-1 pm

SSDI Overview: March 15, 2023, 12-1 pm

SSI Overview: April 26, 2023, 12-1 pm

Work Pays! An Introduction to YOUTH April 20, 2023, 6:00-7:00 pm



ALL SESSIONS will be offered on Zoom with subtitles in English.

REGISTER ONLINE at https://bit.ly/2KkUCVQ

The Sherlock Center provides Work Incentive Information and Benefits Counseling services to SSI and SSDI beneficiaries and those that support them (family, guardian, rep payee, professionals). These sessions will be of value to anyone looking for a basic introduction to disability-related work incentives and/or has related questions. The Work and Benefits Introduction is for those starting to think about working and have general questions. The SSI or SSDI sessions provide details about the specific work incentives and other related information. All sessions provide an opportunity for you to ask questions about the following topics:

- Ticket to Work
- SSI or SSDI Work Incentives
- Resources about Work Incentive Information
- Access to Benefits Counseling
- Working and Impact on Health Insurance Medicaid/Medicare
- Other questions related to benefits and working

Upon registration please share your questions.

NOTE: These sessions will not address how to apply for SSI or SSDI benefits.

TIP: Unsure if you receive SSI or SSDI? You can confirm which benefit you have at https://www.ssa.gov/myaccount/

Presented by Certified Work Incentives Counselors.

REGISTRATION IS LIMITED! Advance registration is required. After registering, you will receive a confirmation email containing information about joining the session. You can access the session by computer, mobile device or listen using a cell or landline phone.

Accommodation requests or registration questions: Contact Elaine Sollecito at esollecito@ric.edu, 401-456-2764.

Session questions: Contact Vicki Ferrara at <u>vferrara@ric.edu</u>, 401-456-8092 or Joshua Hughes at jhughes@ric.edu, 401-456-4734.









STATE OF RHODE ISLAND | Division of Developmental Disabilities

TECHNOLOGY FUND GUIDANCE SPRING 2023

ASL TRANSLATION: https://youtu.be/QVAPBv1wQTc [youtu.be]

What the Technology Fund is and how you can use it

From spring 2022 through spring 2023, people receiving services through the Division of Developmental Disabilities (DDD) will be able to purchase technology using a one-time Technology Fund. This fund will be in addition to your current funding.

"Technology" includes hardware and software.

Hardware is a computer or other electronic device, like:

- A tablet or cell phone
- A "smart home" appliance with automatic features
- An electronic watch

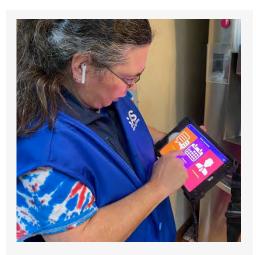
Software tells a computer what to do, like:

- An app that reminds you to stay on track at work
- An alarm to remind you to take your medication
- A screen reader that turns words into sound

How technology can work for you -

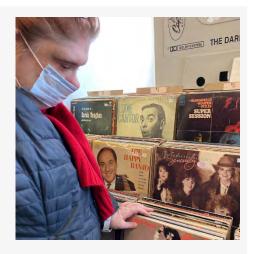
Technology can support your desire for more independence at home, in the community, and at work, and reduce reliance on others. Technology can help you with communicating, pursuing a passion, remembering, getting from one place to another, and many other things.

Technology Meets Different Needs



"My iPad, Airpods, and Work Autonomy App are important to me at work because they help to keep me organized, on time, and increase my independence."

Diane



"I'm really excited to use my community map through Google My Maps to visit all of the record stores in RI to see which one I like the best!"

— Gloria

STATE OF RHODE ISLAND | Division of Developmental Disabilities

TECHNOLOGY FUND GUIDANCE SPRING 2023

ASL TRANSLATION: https://youtu.be/QVAPBv1wQTc [youtu.be]

How to get started

Think about what you want to do and how technology might help you. Talk about how technology will meet your needs during the person-centered planning process. You may also choose to update your Individual Support Plan (ISP) to include a new goal or expand upon an already existing goal.

Informational Meeting Rhode Island College, Alger Hall, room 110 April 5, 2023, from 4:00pm-5:30pm

To register: http://bit.ly/3JvyQNp [bit.ly]

Directions, campus map and required parking pass will be provided upon registering.

See prior recordings of meetings:

https://bhddh.ri.gov/developmental-disabilities/initiatives/technology-fund

♦ How to make a purchase

The Technology Request Form is available at:

www.bhddh.ri.gov/developmental-disabilities/initiatives/technology-fund

This form asks the following:

- Name of the technology you want to buy
- Cost of the technology you want to buy
- How the technology will help you with a barrier or challenge you're facing
- Mow the technology will help you meet your ISP goal

Questions -

For all questions, please contact your DDD Social Caseworker. If you need help contacting your DDD Social Caseworker, call the DDD main phone line at (401) 462-3421.



Technology Meets Different Needs



"My iPad has helped me to do different types of art and I can communicate with my friends, family and even my doctor through video."

— Alton



"I enjoy using my iPad to film puppet shows. I also use technology to collaborate with writers and storytellers to create the content for my puppeteering."

Jillian



Able Opportunities, Inc.

Innovative, Person-Driven, Accommodation Tools www.ableopps.com 206.406.9900

Innovative Person-Driven Technology Tools to Help You Thrive!

with Jennifer White

Jennifer White, CEO, Able Opportunities, Inc., is a Subject Matter Expert for the Office of Disability Employment Policy, a Corporate Disability Inclusion Specialist and National Technical Assistance Consultant. Her experience includes residential, community and work supports, university research, collaboration to honor and include the culture of first nation peoples, and cross agency projects serving people with intellectual developmental disabilities, mental health challenges, dual diagnoses, addiction history and veterans. Her drive to level the playing field with appropriate accommodations has resulted in decades of innovation. Her enthusiasm, based in functional solutions, is contagious.



Please join us to learn more about how:

- Film can be a great tool to tell people about yourself. You can learn to make, edit and share your films.
- Smart screen tablets like MS Surface, iPad & Galaxy and can help you do your job well! Apps can support you to do your best on your own!

You can learn:

- To take and print photos to:
 - Learn how to cook
 - Set your schedule
 - Order your coffee
- To make a video resume to show employers your job skills.

And more! We hope you can join us for this hands-on workshop!"

Please join us for an interactive day of presentation, hands-on activity and conversation.

When: April 5, 2023, 12:30 – 3:00 pm. Light snack provided.

Where: Rhode Island College, Providence

Questions or Special Requests: Elaine Sollecito, esollecito@ric.edu, 401-456-2764

Register Online: https://bit.ly/3FUrxye





WORK INCENTIVES CONNECTION

News and resources for Social Security Beneficiaries in RI March 27, 2023

Important SNAP and Medicaid Reminders!

Effective March 1, 2023, the federal government announced the end to the extra Pandemic Emergency Supplemental Nutrition Assistance Program (SNAP) allotments and the return of annual Medicaid eligibility renewals! Below is information to help you to navigate these changes.

SNAP (Supplemental Nutrition Assistance Program)

Since March 2020, the federal government has given individuals and households extra Pandemic Emergency SNAP allotments. The extra benefits came to an end as of March 1, 2023

What You Need to Do:

To get your correct SNAP allotment, the RI Department of Human Services (DHS) needs current information about you and your household, For example,

- Household size.
- Income, shelter and utility costs.
- Childcare expenses.
- Court ordered child support.
- If you are 60 or older or disabled, submit all medical expenses to DHS.

Nutrition Resources in RI:

Rhode Island has several nutritional resources that can help you adjust to the change in your SNAP allotment.

- To find a food pantry in your community, call 211 or visit the RI Community Food Bank at https://rifoodbank.org/.
- If you are a SNAP recipient who DOES NOT receive RI Works cash assistance, you may be eligible for job skills training and education from the SNAP Employment and Training program. Learn about the resources available at https://risnapet.org/.

Medicaid Renewals

Starting April 1, 2023, every person receiving Medicaid will have their eligibility redetermined. Before the COVID-19 pandemic, people enrolled in Medicaid had their eligibility reviewed once a year. This is called "Renewal" or "Redetermination." During the pandemic, eligibility renewals were put on hold, and those enrolled in Medicaid prior to the pandemic automatically remained continuously eligible. Some people may begin receiving recertification packets as soon as April.

Preparing for Benefit Redetermination

- Contact RI DHS to be sure they have your current mailing address.
- Open all mail from RI DHS or Health Source RI. Read it carefully and act quickly.
- If working and denied Medicaid, apply for the Sherlock Plan. Go to page 2 to learn more.

Sherlock Plan

Although Health Source RI has proposed a plan to help many Rhode Islanders maintain health coverage, some people may no longer be eligible for Medicaid once their eligibility is redetermined.

If you are a working person with a disability and you are told that your current Medicaid will end, consider applying for the Sherlock Plan, also known as "Medicaid for Workers with Disabilities." The Sherlock Plan has higher income and resource limits than most Medicaid programs. Visit the website provided below to learn more.

You may need to complete a Medicaid application. The DHS-2 application is available in English, Spanish, and Portuguese. Visit the DHS website to learn more about applying for benefits.

Sherlock Plan:

DHS/Applying for Benefits:

Tips for completing the DHS-2 Application:

- On page 1 of the DHS-2 application, check "EAD" and underline "Working Adults with Disabilities/Sherlock Plan (EAD)".
- Write "Applying for Sherlock Plan" in at the top of each page of the application.

Work Incentives Webinars

http://www.ric.edu/sherlockcenter/wi.html

If you receive SSI or SSDI, or support someone who does, consider attending a webinar to learn how work incentives can help make it easier to reach your employment goals. Work Incentives Information Webinars are offered free monthly. The webinar calendar is available on the Sherlock Center website. Use the link above to learn about upcoming sessions.

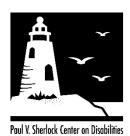
"This session was super informative! I learned that I could work while on benefits. I also learned a Work Incentive Benefit Counselor could help me understand my unique situation."

-SSI/SSDI Beneficiary

Join Our Mailing List

http://bit.ly/2xvYGtL

For more information, join our mailing list or contact the Sherlock Center.



Vicki Ferrara, <u>vferrara@ric.edu</u> Jeanne Fay, <u>ifay@ric.edu</u>

Paul V. Sherlock Center on Disabilities / RI College

600 Mt. Pleasant Avenue, Providence RI 02908

Website: www.sherlockcenter.org

Phone: 401-456-8072

TTY or Spanish via RI Relay: 711

PERSON-CENTERED THINKING FACILITATOR TRAINING

This free course is available to those supporting persons with I/DD living in Rhode Island

Online Course from April 11 to June 20, 2023

Course Details:

The Sherlock Center is now offering Person-Centered Thinking Facilitator Training as an online course. The next course runs from April 11 to June 20, 2023. Learners will use Moodle, an online platform, to independently access course materials and assignments. Learners will also participate in four scheduled virtual group sessions with the instructor. Learners are required to complete an Orientation to Moodle and initial readings prior to the first group session on April 18.

The four required group sessions will take place from 10:00 –11:30 AM on April 18, May 2, May 23, and June 20.

Technology Requirements:

To access Moodle and participate in the group sessions, learners will need a computer, laptop or tablet with internet access and a camera. We recommend using the latest version of Chrome, Firefox, Internet Explorer, Microsoft Edge, or Safari for the best Moodle experience.

Every effort has been made to create this course and course documents in an accessible format. All course materials will be provided electronically using Moodle and/or email. It is recommended that learners install a free version of Adobe Reader on the device that will be used for the course.

Course Description:

Rhode Island is in the process of expanding and refining Person-Centered practices throughout the state. One of the most important components of Person-Centered Thinking is the facilitator who advises and assists the person to actively participate in developing a plan for all domains of their life. To get the most from this course, it is recommended that learners identify an individual with whom they might engage in person-centered planning. The course will provide the opportunity to practice the skills and knowledge learned and to reflect on learner experiences.

This course focuses on the knowledge and skills a facilitator needs to help individuals to prepare for the plan, develop the pan, and implement the plan.

Time Commitment:

This time-intensive training takes place over 3 months and will require approximately a 40-hour commitment to successfully complete the course. Learners must complete 11 online modules, quizzes, 3 assignments, and participate in 4 instructor-led group sessions via Zoom (1.5 hours each).

Register Online by April 7 at http://bit.ly/2xeV6pT

Priority registration will be given to support coordinators, managers and other front-line supervisors, as well as families and people with lived experience. You will receive a confirmation by email once your registration is processed.

If you need a reasonable accommodation (e.g., ASL/close captions) to participate in this course, please indicate your request on the registration form. For registration questions, contact Elaine Sollecito at esollecito@ric.edu or call 401-456-2764, TTY via RI Relay: 711.



HOW TO PREPARE FOR

Upcoming Medicaid Renewals

Did you know?

You can sign up to receive text message reminders and updates about your Medicaid coverage.

Here's how:

- 1 Log in to your account at healthyrhode.ri.gov or sign in on the HealthyRhode Mobile App
- 2 Click on "My Profile"
- Junder the "My Contact Information" section, check the "Sign up for Text Messages" box

Clicking the check box displays instructions on how to complete the process and validate your cell phone for text messaging.

For more information, visit: **staycovered.ri.gov**

The most important thing you can do NOW is to update your contact information so that Rhode Island Medicaid can send you the notices and information you need to keep or transition your health insurance.

Keep your address up to date

Update your Medicaid contact information like mailing address, phone number, and email.

Online or Mobile App: Visit healthyrhode.ri.gov to access your account online, or download the HealthyRhode mobile app on your smart phone to access your account.

Contact your health insurance Managed Care
Organization: Do you have an insurance card from
Neighborhood Health Plan of Rhode Island, Tufts
Health Plan (RITogether) or United Health Care
Community Plan (UHCCP)? Call the number on the back
of your card for assistance in updating your contact
information. Be sure to give them permission to share
this information with the State of RI.

Over the phone: Call HealthSource RI at 1-855-840-4774 (Monday through Friday, except holidays, from 8am-6pm).





