

How to Recognize an Overdose



Common Signs to Look For

Breathing slowly

A person may have very slow, shallow breaths, make gurgling noises, or stop breathing.

Can't be woken up

They may be awake but unable to talk or may not respond when you try to wake them up.

Turning blue

They could look very pale or have blue fingernails and lips.

What to do next

Call 911, give naloxone, and begin rescue breathing if the person doesn't respond

We all have a role to play in ending the overdose crisis. **What's yours?**

Find out at PreventOverdose.RI.gov

Prevent
Overdose RI

How to Respond to an Overdose



Try to wake the person up

Call their name and rub the middle of their chest with a closed fist.

Call 911

The Good Samaritan law protects you from arrest for possession of drugs.

Give naloxone

Follow the directions for nasal or intra-muscular naloxone kits.

Start rescue breathing

Make sure their mouth is not blocked, pinch their nose, and breathe every 5 seconds.

Recovery position

If you can't stay to wait for help, put the person on their side supported by a bent knee.

We all have a role to play in ending the overdose crisis. **What's yours?**

Find out at PreventOverdose.RI.gov

Prevent
Overdose RI