

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Grant Profile



Grant Info

- **Type of Grant:** Discretionary Grant
- **Area of Focus:** screening/early intervention/referral
- **Purpose of Grant:** The purpose of this grant program is to implement screening, brief intervention, and referral to treatment services for adults in primary care and community health settings for substance misuse and substance use disorders (SUD).
- **Start and End Date of Grant:** 9/30/2016-9/29/2021
- **Amount of Award (all years):**
 - **Federal Award Amount:** \$1,658,375/yr. for five years
 - **State Award Amount:** N/A
- **% Match Required:** N/A
- **Source of Funding:**
 - Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment
- **BHDDH Project Director and Email Address:**
 - Catherine Hunter
 - Catherine.Hunter@bhddh.ri.gov



Grant Info

- **Subrecipient Agency/Agencies:**
 - Care Transformation Collaborative (CTC-RI)
- **Subrecipient Agency Contacts and Email Addresses:**
 - Linda Cabral
 - LCabral@ctc-ri.org
- **Evaluation Contact and Email:**
 - University of RI
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Overview

- RI-SBIRT is designed to expand/enhance the continuum of care for Substance Use Disorder (SUD) services and reduce alcohol and other drug (AOD) consumption, reduce its negative health impact, increase abstinence, reduce costly health care utilization and promote sustainability, and the integration of behavioral health and primary care services through the use of health information technology (HIT). It also seeks to identify and sustain systems and policy changes to increase access to treatment in generalist and specialist settings and increase the number of individuals accessing services through technological means. RI-SBIRT will do this by pre-screening 15,000 Rhode Islanders over a five-year period in primary care, health centers, emergency departments, and non-clinical settings. The overall goal is to improve behavioral health outcomes for 70% of adults screened.



Required Activities

- Providing screening, brief intervention, and referral to specialty treatment for diverse populations at risk. Referral to treatment services must be provided in outpatient, day treatment (including outreach-based services) or intensive outpatient, or residential programs.



Approach

- SBIRT screeners will be co-located at primary care offices, community-based organizations, urgent cares, emergency rooms, and the Department of Corrections.
- Eligibility is any Rhode Islander accessing the above services and agreeing to participate. This grant is focused on adults but will not exclude adolescents.
- Screeners will use the Alcohol Use Disorders Identification Test (AUDIT) and the Drug Abuse Screening Test (DAST), with some screening for mental health conditions.
- The Department of BHDDH will partner with other state agencies, and an oversight committee acts as the advisory committee supporting infrastructure and sustainability efforts.



Approach (Cont'd)

- A Resource Center will be created to provide training and technical assistance on the EBP associated with SBIRT, Motivational Interviewing and cultural competence.
- The plan to sustain and expand SBIRT throughout the state is by integrating it into RI's health information technology infrastructure and by implementing policy and payment reform.
- Individuals receiving Treatment and Recovery services will be administered a survey at baseline, at 6 months post baseline and at discharge. The survey tracks outcomes in areas including but not limited to: overall health, psychiatric symptoms, stability in housing, substance use, employment/income/education, criminal justice status and social connectedness

